



**Clinicopathological Conference  
Advanced Update in HIV Medicine  
and Clinical Research  
7 October, 2016  
Durban, South Africa**

**Shibani Mukerji, M.D., Ph.D.**

***Neurology***

# Disclosures

- Dr. Mukerji reports no disclosures



# Differential Diagnosis

**Shibani Mukerji, M.D., Ph.D.**

*Neurology*

# Historical Perspective

“Patients..[with this syndrome] ..present with a variable, yet characteristic constellation of abnormalities in cognitive, motor, and behavioral function...with time, intellectual impairment becomes more pervasive broadly affecting nearly all aspects of cognition, with further slowing and inaccuracy of performance. In parallel, gait unsteadiness gives way to frank weakness...variants of the syndrome occur..in some patients an agitated mental state with mania or other forms of organic psychosis may occur.”

# Case Summary

- 48 year old man with a lifestyle at high-risk for HIV acquisition
- Weight loss for 1 year; painful lymphadenopathy; purple macules on his hard and soft palate; cytopenia; fever
- Behavioral Abnormalities (hyperactive agitation) and Encephalopathy
- Mild Motor Deficit and Gait Impairment
- Seizures
  
- CSF Pattern: **Normal opening pressure**, mild CSF pleocytosis (7 cells/ml; 80% L), **elevated total protein**, and **normal glucose**

# Case Summary: Neurological Pace

Advanced  
( $<200$  CD4/mm<sup>3</sup>)

s, other minor OIs <i>Pneumocystis jiroveci</i> pneumonia, <i>Mycobacterium avium</i> complex, other major OIs Kaposi's sarcoma, non-Hodgkin's lymphoma, other neoplasms
recurrent) or chronic leucocytosis, normal glucose <b><i>HIV-associated dementia</i></b> <b><i>Cryptococcal meningitis</i></b> <b><i>Cerebral toxoplasmosis</i></b> <b><i>PML</i></b> <b><i>Primary CNS lymphoma</i></b> CMV-E <b><i>Vacuolar myelopathy</i></b> CMV-PR Herpes zoster (shingles) CMV-MM <b><i>Distal symmetrical polyneuropathy</i></b> Zidovudine myopathy Myopathy

# Case Summary: Neurological Pace

	Primary infection	Early (>500 CD4/mm <sup>3</sup> )	Midstage (200–500 CD4/mm <sup>3</sup> )	Advanced (<200 CD4/mm <sup>3</sup> )
Systemic events		Sero-conversion illness Persistent generalized lymphadenopathy ITP, Reiter's and other autoimmune disorders	Tinea, oral candida, sinusitis, other minor OIs	<i>Pneumocystis jiroveci</i> pneumonia, <i>Mycobacterium avium</i> complex, other major OIs Kaposi's sarcoma, non-Hodgkin's lymphoma, <u>other neoplasms</u>
Neurological events		CNS sero-conversion syndromes PNS sero-conversion syndromes Inflammatory demyelinating polyneuropathies	HIV-related meningitis: aseptic (acute or recurrent) or chronic <i>Asymptomatic CSF abnormalities</i> : elevated protein, lymphocytic pleocytosis, normal glucose Zoster radiculitis (shingles) Mononeuritis multiplex (MM) Nucleoside neuropathy and zidovudine myopathy Inflammatory myopathy	HIV-associated neurological syndromes: Cytocolic meningomyelopathy Cerebral lymphoma PML Primary CNS lymphoma (CMV-E) Vacuolar myelopathy CMV-PR CMV-MM <i>Distal symmetrical polyneuropathy</i>

**SUBACUTE, PROGRESSIVE DECLINE OVER 1 WEEK**

# Reframing: Subacute, Progressive Encephalopathy With Seizures In Individual Presenting with AIDS

**TABLE 1-2** Commonly Cited Etiologies of Altered Mental Status

<ul style="list-style-type: none"> <li>▶ <b>Vascular</b></li> <li>Ischemic stroke<sup>a</sup></li> <li>Intracerebral or subarachnoid hemorrhage</li> <li>▶ <b>Infectious</b></li> <li>Urinary tract infection</li> <li>Pneumonia</li> <li>Sepsis</li> <li>Encephalitis</li> <li>Meningitis</li> <li>▶ <b>Toxic</b></li> <li>Intoxication and overdose</li> <li>Withdrawal (alcohol, benzodiazepines, barbiturates, heroin)</li> <li>Drugs (including prescription, over-the-counter, and herbal preparations)</li> <li>▶ <b>Traumatic</b></li> <li>Concussion</li> <li>Subdural hematoma</li> <li>▶ <b>Autoimmune</b></li> <li>Neuropsychiatric lupus</li> <li>Behçet syndrome</li> <li>Vasculitis</li> <li>Acute disseminated encephalomyelitis</li> </ul>	<ul style="list-style-type: none"> <li>Hashimoto encephalopathy (also called steroid-responsive encephalopathy with autoimmune thyroiditis)</li> <li>Autoimmune limbic encephalitis (antibodies against VGKC<sup>b</sup>, LGI1, NMDA receptors, AMPA receptors, GABA<sub>B</sub> receptors)</li> <li>▶ <b>Metabolic</b></li> <li>Electrolytes</li> <li>Hyponatremia/hyponatremia</li> <li>Hypercalcemia</li> <li>Hypermagnesemia</li> <li>Hypophosphatemia</li> <li>Endocrine</li> <li>Hypothyroidism/hyperthyroidism</li> <li>Hypocortisolism/hypercortisolism</li> <li>Hypoglycemia/hyperglycemia</li> <li>Hepatic encephalopathy</li> <li>Uremic encephalopathy</li> <li>Acute pancreatitis</li> <li>Hypoxia and hypercarbia</li> <li>Vitamin deficiencies</li> <li>Thiamine</li> <li>B<sub>12</sub></li> <li>Hypothermia/hyperthermia</li> </ul>	<ul style="list-style-type: none"> <li>Marchiafava-Bignami disease</li> <li>Porphyria</li> <li>▶ <b>Iatrogenic (see Table 1-3)</b></li> <li>▶ <b>Neoplastic</b></li> <li>Large brain tumors</li> <li>Carcinomatous meningitis</li> <li>Paraneoplastic limbic encephalitis (antibodies against Ma2, Hu, CV2/CRMP5, Tr, VGKC, NMDA receptors, AMPA receptors)</li> <li>▶ <b>Seizure-Related</b></li> <li>Postictal state</li> <li>Nonconvulsive status epilepticus</li> <li>▶ <b>Structural</b></li> <li>Hydrocephalus</li> <li>▶ <b>Degenerative</b></li> <li>Dementia with Lewy bodies</li> <li>Prion disease</li> <li>Other neurodegenerative disorders usually are risk factors for delirium but another inciting cause is present</li> <li>▶ <b>Psychiatric Disease-Related</b></li> </ul>
---	--	---

VGKC = voltage-gated potassium channel; LGI1 = leucine-rich glioma inactivated 1; AMPA = α-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid; GABA = γ-aminobutyric acid.

<sup>a</sup>Vascular lesions rarely lead to isolated delirium in the absence of other neurologic signs; rare exceptions include lesions of the thalamus and nondominant posterior parietal lobe.

<sup>b</sup>A recent study implicates LGI1 as the antigen in limbic encephalitis previously attributed to VGKC antibodies. Because LGI1 coprecipitates with VGKC, it is likely the commercial test for VGKC antibodies is actually detecting antibodies of LGI1. However, because direct testing for LGI1 antibodies is not yet available and because other disorders are associated with VGKC antibodies (eg, Morvan syndrome), it is still appropriate to order the commercial test for VGKC antibodies in patients with limbic encephalitis.<sup>11</sup>

## Lymphomatous meningitis (metastatic)

### BRAIN

#### Predominantly Nonfocal

HIV-associated dementia (HAD)  
HIV-associated minor cognitive motor dysfunction (MCMD)  
Toxoplasmic encephalitis  
Cytomegalovirus (CMV) encephalitis  
Aspergillus encephalitis  
Herpes encephalitis  
Metabolic encephalopathy (alone or concomitantly)

#### Predominantly Focal

Cerebral toxoplasmosis  
Primary CNS lymphoma (PCNSL)  
Progressive multifocal leukoencephalopathy (PML)  
Cryptococcoma  
Tuberculoma  
Varicella-zoster virus (VZV) encephalitis  
Stroke

### SPINAL CORD

#### Vacuolar myelopathy (VM)

CMV myelopathy



# Salient Features of Patient's Confusion



## Executive Dysfunction

- Fails to orient
- Perseverative Behavior
- Inability to follow two step commands
- Minimally goal-oriented tasks are **delayed**
- Rigidity of thought (abstract reasoning)

## Disinhibition/Apathy

- Agitation
- Frenzied
- Disinhibited social behavior
- Apathy to self appearance

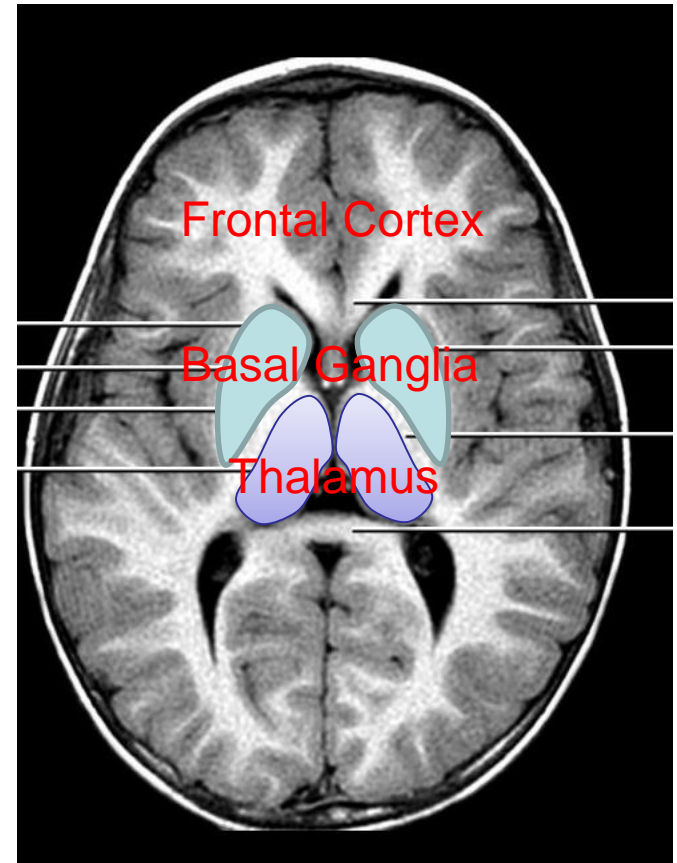
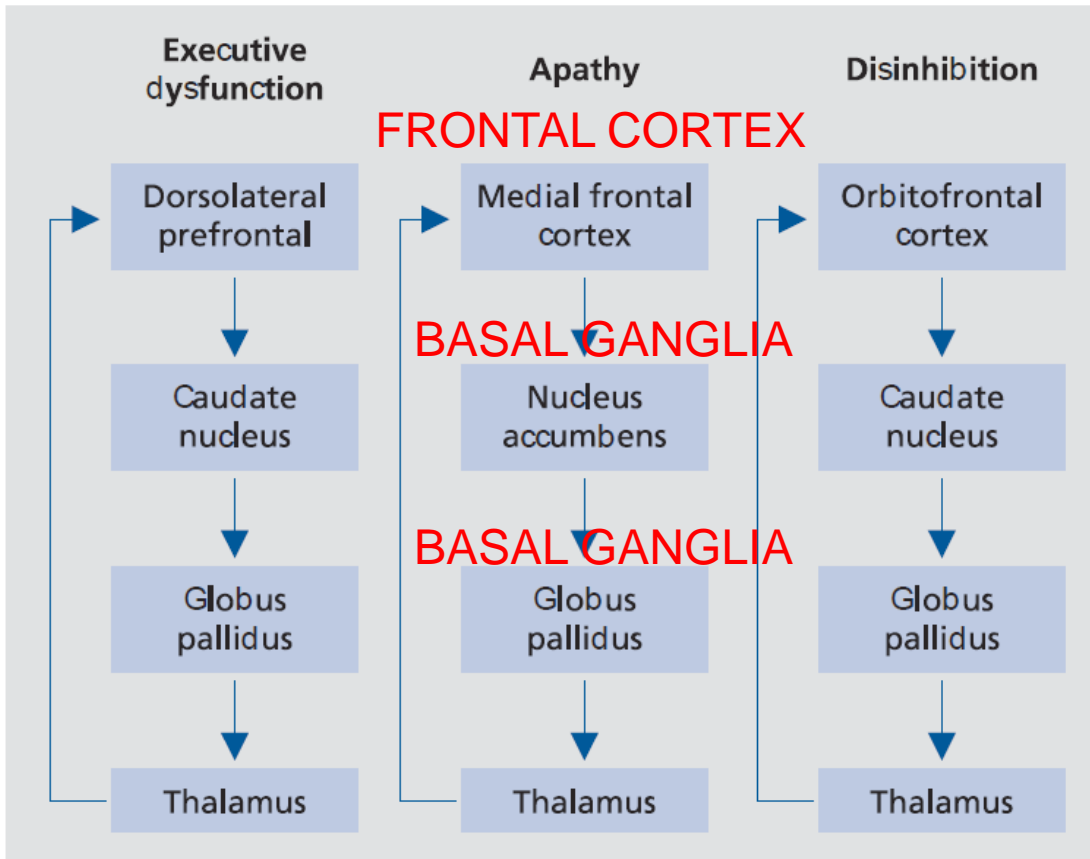
## Gait Disturbance

- Ataxia of Gait: The act of walking is impaired/slowed not explained by weakness, loss of sensation or spasticity

Psychomotor Underactivity

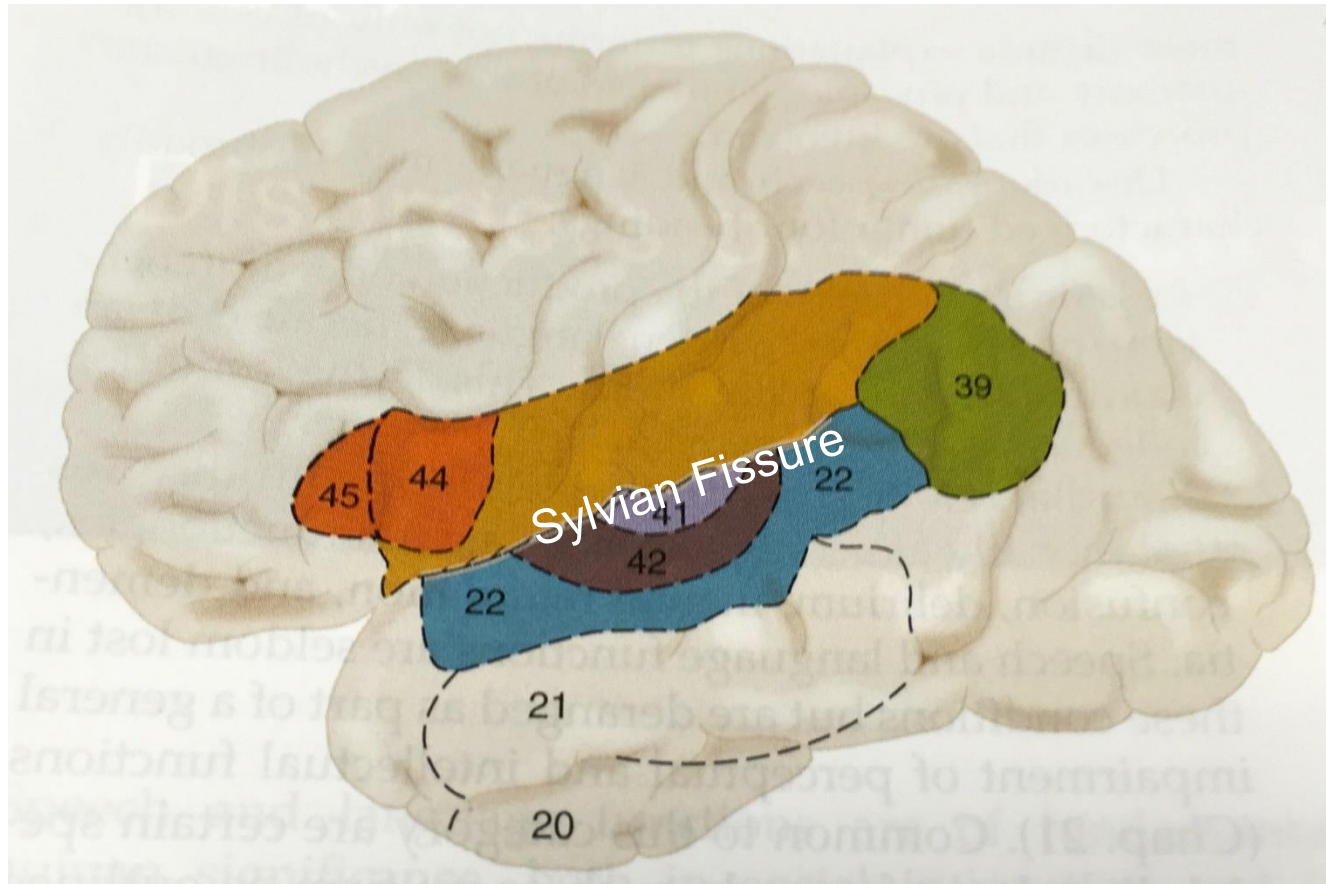
Behavioral Disturbance

# Frontal Lobe Syndrome Helps Explain Most of Dominating Salient Features



Likely dealing with Frontal lobe syndrome and the circuits or white matter tracks to subcortical tissues (Basal Ganglia and Thalamus)

# Patient's Speech Disorder Stems from the Frontal Lobe



Principles of Neurology 10<sup>th</sup> Ed

## OUR PATIENT

- Perseverative;
- Maintained recall, naming, and basic comprehension

# Patient's Speech Disorder Stems from the Frontal Lobe

1. Loss of impairment with the production or comprehension of spoken/written language: Aphasia
2. Disturbances of speech and language stemming from altered higher-order processes (delirium, confusion)
3. Defect in articulation with intact mental functions: Dysarthria
4. Alteration or loss of voice: aphonia

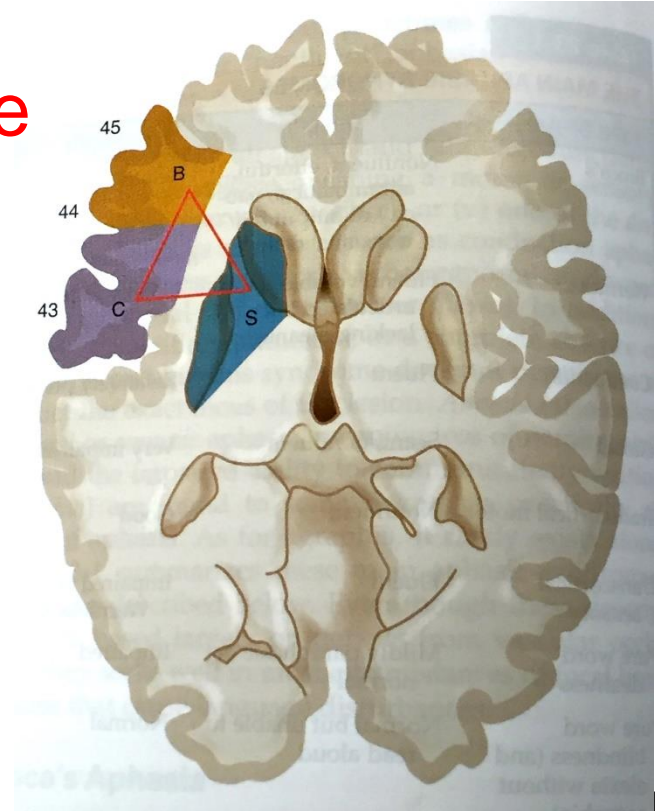
# Patient's Speech Disorder Stems from the Frontal Lobe

1. Loss of impairment with the production or comprehension of spoken/written language: Aphasia
2. Disturbances of speech and language stemming from altered higher-order processes (delirium, confusion)
3. Defect in articulation with intact mental functions: Dysarthria
4. Alteration or loss of voice: aphonia

# Patient's Speech Disorder Stems from the Frontal Lobe

Loss of impairment with the production or comprehension of spoken/written language: Aphasia

Hypothesis: Restricted Language Output Consistent with Psychomotor Underactivity and Frontal Lobe Dysfunction



# Epilepsia Partialis Continua of Right Face



# Seizures

- 2 minute episode of aphasia
- 2<sup>nd</sup> episode of staring, twitching, inability to speak with confusion



# Symptoms

Progressive Subacute (<7 days)

**Executive Dysfunction/  
Psychomotor Underactivity/  
Behavioral Disturbances**

Bilateral Frontal Lobe  
and Inputs to Deeper  
Subcortical Structures

Possible Right  
Motor Deficits

Left Frontal Lobe

EPC+ Partial Complex  
Seizure

Suspect Frontal or  
Temporal Lobes

**Multifocal Process Affecting Frontal Lobes Bilaterally and Deeper White Matter Structures, Potentially Temporal Lobes with a Constellation of Psychomotor Slowing/Behavioral Disturbances/Motor Impairment and Seizures in the setting of AIDS**

# Differential Diagnosis for Frontal Lobe Dysfunction

- Nutritional Abnormalities
  - Wernicke's encephalopathy due to thiamine deficiency.
  - Vitamin B12

# Differential Diagnosis for Frontal Lobe Dysfunction

- Nutritional Abnormalities
  - Weirnicke's encephalopathy due to thiamine deficiency.
  - Vitamin B12
- Toxic or Metabolic Encephalopathies
  - Hyponatremia; Hypomagnesemia; Hypoglycemia; Uremia
  - Fulminant encephalopathy in HIV-individuals with drug abuse

# Differential Diagnosis for Frontal Lobe Dysfunction

- Nutritional Abnormalities
  - Weirnicke's encephalopathy due to thiamine deficiency.
  - Vitamin B12
- Toxic or Metabolic Encephalopathies
  - Hyponatremia; Hypomagnesemia; Hypoglycemia; Uremia
  - Fulminant encephalopathy in HIV-individuals with drug abuse

- Prion Disease

MRI Read: Abnormal T2 hyperintense signal within the **frontoparietal white matter**, slightly more prominent in the right frontal lobe, **extending into the genu of the corpus callosum**, without significant local mass effect or abnormal restricted diffusion.

# Differential Diagnosis for Frontal Lobe Dysfunction

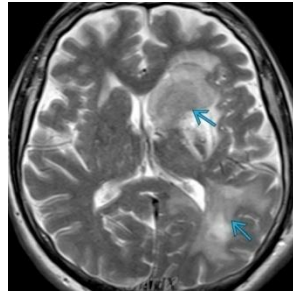
- Nutritional Abnormalities
  - Weirnicke's encephalopathy due to thiamine deficiency.
  - Vitamin B12
- Toxic or Metabolic Encephalopathies
  - Hyponatremia; Hypomagnesemia; Hypoglycemia; Uremia
  - Fulminant encephalopathy in HIV-individuals with drug abuse

- Prion Disease
- Intracranial Lesions
  - Infiltrative Neoplasms

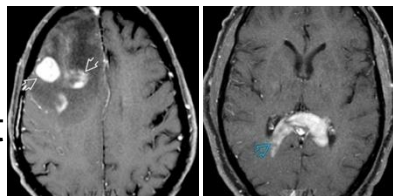
MRI Read: Abnormal T2 hyperintense signal within the **frontoparietal white matter**, slightly more prominent in the right frontal lobe, **extending into the genu of the corpus callosum**, without significant local mass effect or abnormal restricted diffusion.

# Infiltrative Neoplasms

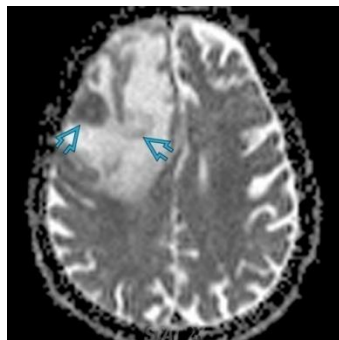
CNS Lymphoma



T2/  
FLAIR



T1  
+Contrast

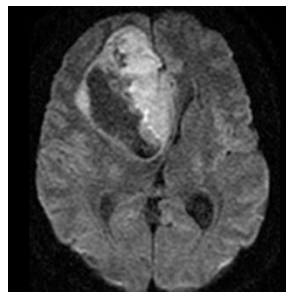
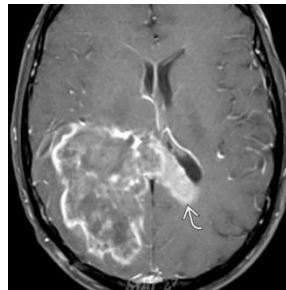
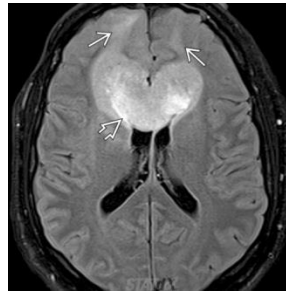


DWI

Mass  
Effect

Yes

Glioblastoma



Yes

Unlikely based on the MRI read

# Differential Diagnosis for Frontal Lobe Dysfunction

- Nutritional Abnormalities
  - Weirnicke's encephalopathy due to thiamine deficiency.
  - Vitamin B12
- Toxic or Metabolic Encephalopathies
  - Hyponatremia; Hypomagnesemia; Hypoglycemia; Uremia
  - Fulminant encephalopathy in HIV-individuals with drug abuse

- Prion Disease

- Intracranial Lesions

- Infiltrative Neoplasms
- Infectious Organisms

MRI Read: Abnormal T2 hyperintense signal within the **frontoparietal white matter**, slightly more prominent in the right frontal lobe, **extending into the genu of the corpus callosum**, without significant local mass effect or abnormal restricted diffusion.

# Infectious Differential Diagnosis for Frontal Lobe Dysfunction

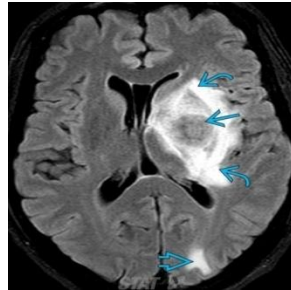
- Toxoplasmosis Encephalitis
- Abscess
- Varicella-zoster leukoencephalitis
- CMV encephalitis
- Progressive Multifocal Leukoencephalopathy
- HIV-associated Leukoencephalopathy

(CNS tuberculoma or cryptococcus) unlikely given CSF studies and lack of positional headache

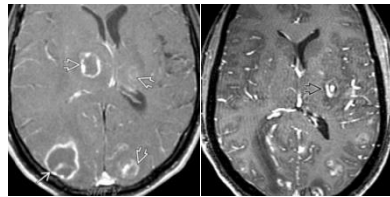


# Infectious Agents

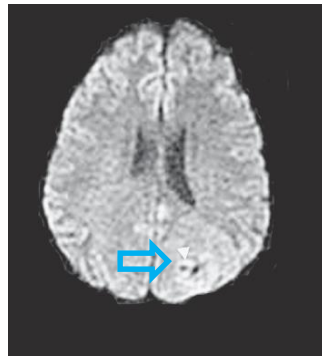
Toxoplasmosis



T2/  
FLAIR



T1  
+Contrast

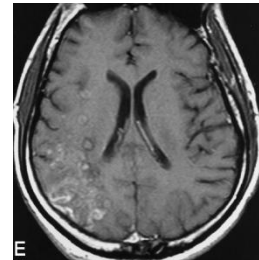
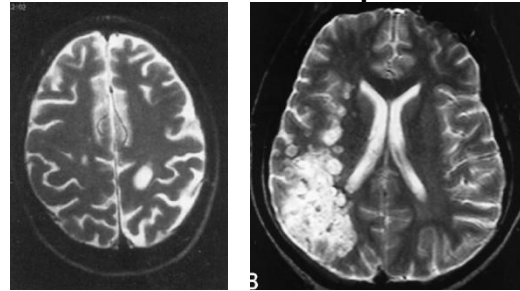


DWI

Mass  
Effect

Yes

Varicella encephalitis

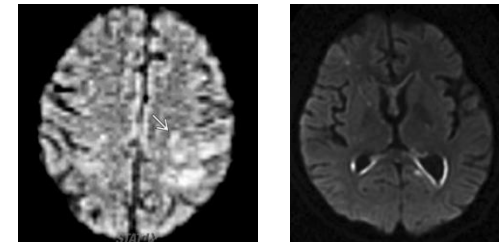
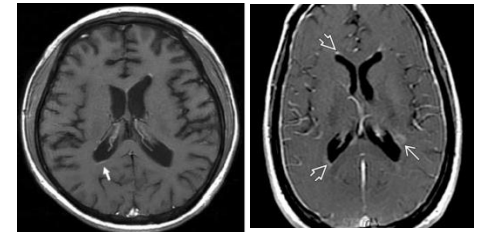
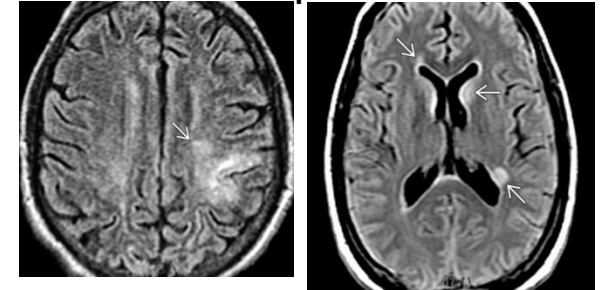


E

Yes

No

CMV encephalitis



No

Clinical presentation + Imaging Read does not fit the pattern for our patient

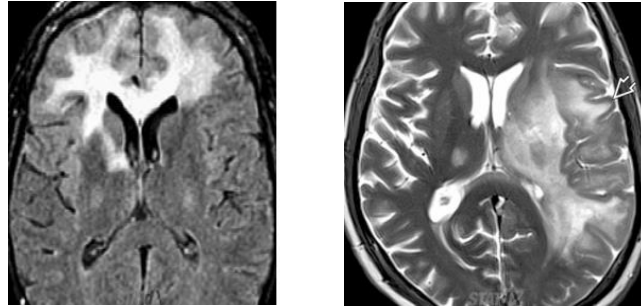
# Infectious Differential Diagnosis for Frontal Lobe Dysfunction

- Toxoplasmosis Encephalitis
- Frontal Lobe Abscess
- Varicella-zoster leukoencephalitis
- CMV encephalitis
- **Progressive Multifocal Leukoencephalopathy**
- **HIV-associated Encephalitis**

(CNS tuberculoma or cryptococcus) unlikely given opening pressure, normal glucose and lack of headache

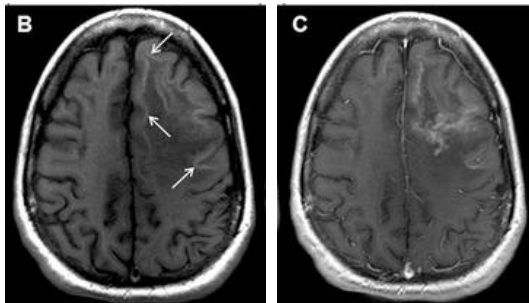
# Classic PML Patterns in AIDS

PML



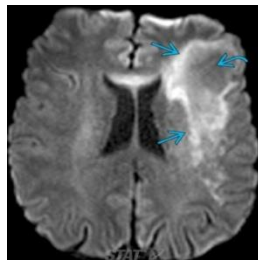
**T2 Hyperintensity** involving the subcortical U fibers; “Scalloped” cortex

T2/  
FLAIR



**T1 hypointensity**; 15% of HIV-associated PML may have enhancement

T1  
+Contrast



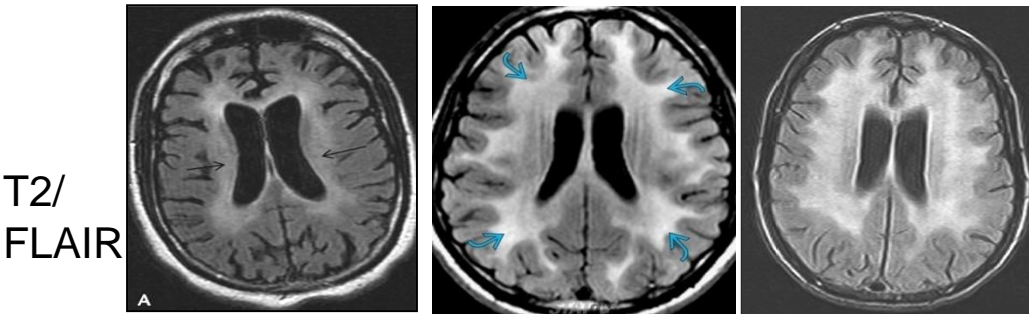
**DWI:** Newer lesion has slightly restricted diffusion along its margins; older lesion is unrestricted

DWI

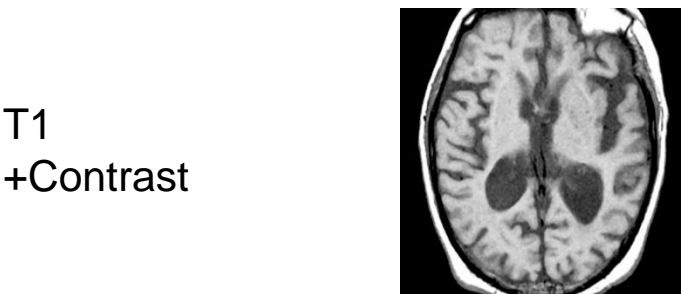
Mass  
Effect

NONE

# HIV-1 Encephalitis Pattern in AIDS



T2 hyperintensity (“hazy”) appearance; Periventricular and centrally located



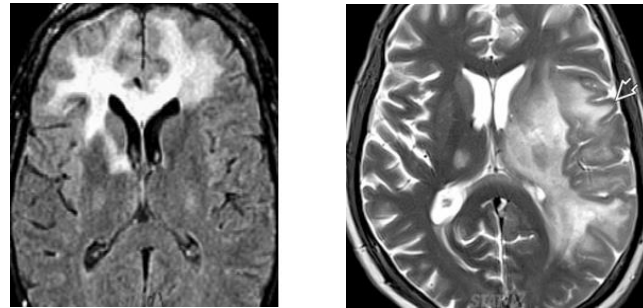
**T1 imaging is typically without abnormalities in white matter.** Atrophy is usually present. No contrast enhancement

DWI                      None

Mass Effect            None

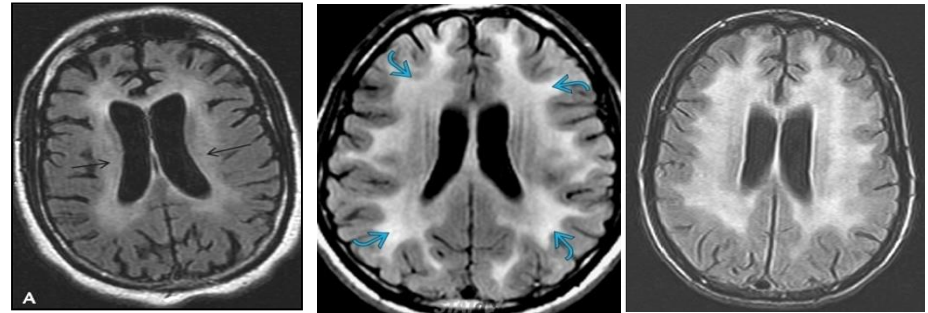
# PML vs. HIV encephalitis

Peripheral Extension  
PML

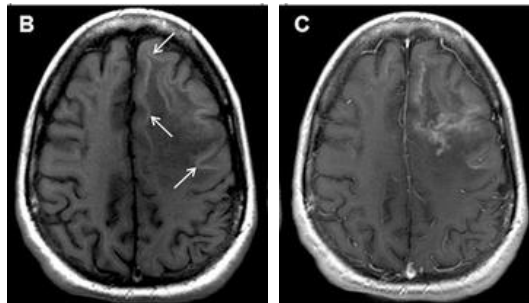


T2/  
FLAIR

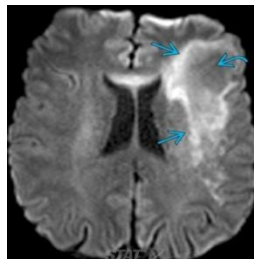
Central/Periventricular  
HIV encephalitis



T1  
+Contrast



DWI



NONE

**Must request read of T1 images and determine the extent of white matter abnormalities on T2 images**



Case Records of the Massachusetts General Hospital

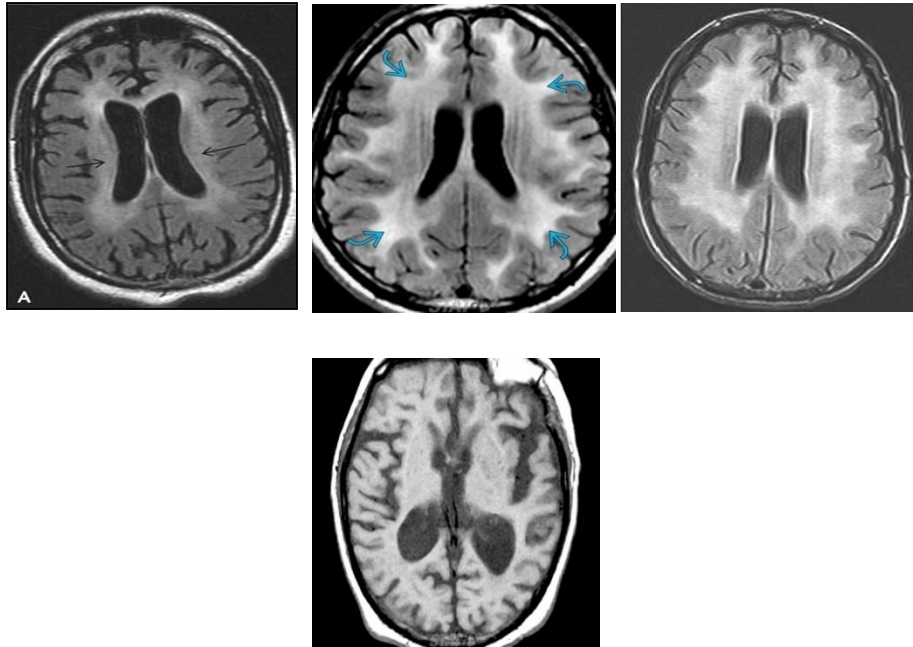


# Imaging

# HIV encephalitis

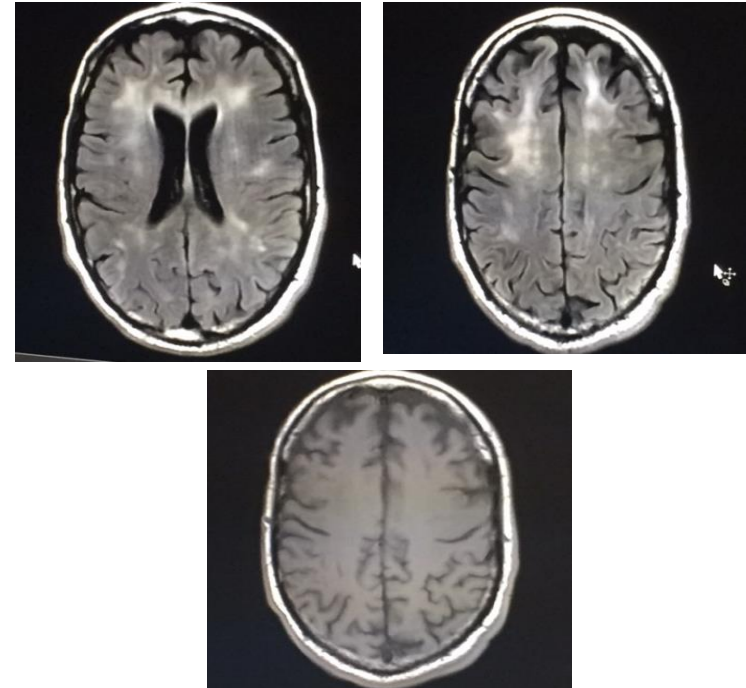
## HIV encephalitis

Cognitive dysfunction  
Symmetrical Motor Abnormalities  
Gait Impairment  
Variant: mania and agitation



## Our patient

Cognitive dysfunction  
Asymmetric Motor Abnormalities  
Gait Impairment  
Mania and agitation



Given abundance of frontal motor system and visual pathway involvement on imaging without true focal weakness or visual deficits,  
- HIV encephalitis is preferred



## Dr. Mukerji's Diagnosis

HIV encephalitis in setting of advanced immunosuppression



